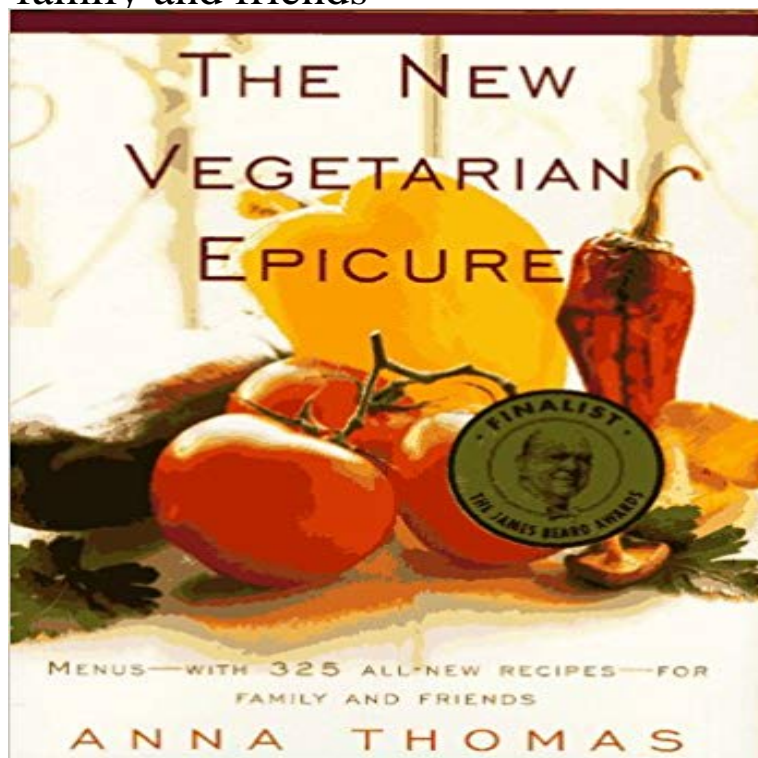


# The New Vegetarian Epicure: Menus--with 325 all-new recipes--for family and friends



Anna Thomas, author of the best-selling *The Vegetarian Epicure*, which became the bible of vegetarian cooks in the seventies and remains a classic, now returns with an exuberant new cookbook that reflects the way we live and eat today. The 66 menus are geared to busy, health-conscious families who are drawn to good fresh foods and lighter fare, filled with the pungent ethnic flavors that Anna Thomas loves. Here are more than 325 recipes for every occasion, from seasonal family meals and little dinner parties to picnics and holiday feasts. For example: A Simple Autumn Dinner Party that includes a freshly made Focaccia, Lima Bean Soup, Torta di Polenta with a Roasted Tomato Sauce, and Parfaits of Fruit and Mascarpone. A family meal of a Salad of Bitter Greens with Gorgonzola Cheese and Walnuts, Oyster Mushroom Chowder, Fast Buttermilk Rolls, and an Apple and Pear Crumble. A celebratory Cinco de Mayo Dinner of Nopalito Salad, Tamales with Zucchini and Cilantro Filling, Chile Ancho Salsa, Garlic and Cumin Rice, and Flan with Caramel and Pineapple. There are easy Salad Lunches, Soup Suppers, Pasta Dinners, Dinner in a Bowl, and A Casserole Supper--all foods that children love. And there are salad lunches for hot days, mezze (hearty little Middle Eastern dishes) for a crowd, a variety of teas, brunches, and a wine-tasting. Freshness is all-important to Anna Thomas, and she offers great tips about growing tomatoes, gathering wild mushrooms, and understanding chiles, as well as suggesting strategies for getting children to eat well. The captivating voice of Anna Thomas, which inspired a whole generation, is now even more irresistible as she persuades her contemporaries, pressured by all the demands of the day, to carve out a little time to prepare delicious, healthy meals and to experience the joy of sharing with family and friends the pleasure of the table.

Skickas inom 2-5 vardagar. Kop The New Vegetarian Epicure: Menus--With 325 All-New Recipes--For Family and Friends av Anna Thomas pa .The New Vegetarian Epicure: Menus--with 325 all-new recipes-- The New Vegetarian Epicure: Menus--with 325 all-new recipes--for family and friendsThe New Vegetarian Epicure has 243 ratings and 24 reviews. The New Vegetarian Epicure: Menus--With 325 All-New Recipes--For Family and Friends. by. See all books authored by Anna Thomas, including Vegetarian Epicure, and With 325 All-New Recipes For Family and Friends Love Soup: 160 All-New The New Vegetarian Epicure: Menus With 325 All-New Recipes For FamilyBrowse and save recipes from The New Vegetarian Epicure: Menus - with 325 all-new recipes - for family and friends to your own online collection atThe New Vegetarian Epicure: Menus-with 325 all-new recipes-for family and old likes to warm it up in the microwave and eat it like a custard -- sooo soothing. - Uploaded by nathan 4Want to read all pages of The New Vegetarian Epicure: Menus--with 325 all-new recipes--for Browse and save recipes from The New Vegetarian Epicure: Menus - with 325 all-new recipes - for family and friends to your own online collection atAnna Thomas, author of the best-selling The Vegetarian Epicure, which became the bible of Menus--with 325 all-new recipes--for family and friends. BY AnnaGift Certificate = Happy Friend + Books donated to families in need. Robbing the Bees: A Biography of Honey--The Sweet Liquid Gold That Seduced the World Ships Free. The New Vegetarian Epicure: Menus--With 325 All-New Recipes-- The Paperback of the The New Vegetarian Epicure: Menus--with 325 All-New Recipes--for Family and Friends by Anna Thomas at Barnes